

CONTENTS

A PROTEIN PACKED COMBINATION OF SUGAR BEANS,
BUTTER BEANS AND SAMP IN A SUPER TASTY SAUCE 44

BAKED BEANS 300G 36

BARBEQUE RICE 150G 43

BEEF BOLOGNAISE 300G 10

BEEF BURGER 150G 15

BEEF CURRY AND VEGETABLES 200G 38

BEEF, CURRY, BEANS AND VEGETABLES 200G 9

BEEF PASTA AND VEGETABLES 300G 41

BEEF PILAU 300G 11

BEEF SAMP AND BEANS 300G 8

BEEF STEW 300G 12

BEEF STROGANOFF 300G 13

BOMBAY POTATOES 300G 16

BROWN RICE 200G 17

CHICKEN A LA KING 200G 2

CHICKEN BREYANI 200G 7

CHICKEN BREYANI 300G 40

CHICKEN CURRY & VEG 200G 3

CHICKEN KORMA 210G 6

CHICKPEA AND BUTTERNUT CURRY 18

CHICKPEA TAGINE 300G 19

CHILLI CON CARNE 300G 20

CHOCOLATE BROWNIE 120G 49

COCONUT RICE PUDDING 120G 51

CREAMY MACARONI 300G 21

ENERGY BARS 45G 57

GOOD MORNING BREAKFAST BISCUITS 50G 62

HONEY MUESLI 64

INSTANT MAIZE / SORGHUM PORRIDGE 80G 56

INSTANT SOUP 18G 55

ISOTONIC SPORTS DRINK 25G 53

LACTOSE FREE NUTRITIONAL SHAKE 50G 54

LENTIL PILAF 29

LENTILS, BEANS AND VEGETABLES 150G 46

LENTIL STEW 300G 22

MAIZE BARS 55G 58

MALVA PUDDING 120G 52

MEDITERRANEAN STEW 300G 4

MEXICAN CHICKEN & VEG 200G 5

MUTTON CURRY 200G 23

MUTTON STEW 300G 24

NUT BUTTER 41G 60

PAP (MAIZE) 150G 48

PASTA FUSSILI 200G 25

PEANUT BUTTER 25G 59

PILCHARDS 155G 42

POTATO & BEANS 26

SAGO PUDDING 120G 50

SAMP 150G 47

SAUSAGE & BEANS 300G 14

SAVOURY MINCE & VEG 200G 37

SAVOURY RICE 150G 45

SAVOURY SAMP AND BEANS 300G 44

SPICY BEAN STEW 300G 28

SPICY TUNA BEAN SALAD 300G 27

SUPER C'S - 3G 65

SWEET POTATO & CARROT SOUP 30

THAI CHICKPEA CURRY 300G 31

TROPICAL MUESLI 63

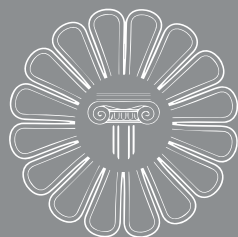
VEGETABLE, LENTIL & BEAN CURRY 300G 32

VEGETABLE PILAU 300G 33

VEGETABLE TIKKA MASALA 300G 34

WHITE RICE 200G 35

WHOLEWHEAT BISCUITS 100G 61



**MORFEAS
ELLAS**
since 1985

CHICKEN A LA KING 200G

Chicken at its best, served with potatoes and vegetables in a creamy mushroom sauce



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	2
Energy	KJ /100g	471
Total Fat	g/100g	4.7
Total Saturated Fat	g/100g	1.74
Total Monounsaturated Fat	g/100g	1.51
Total Polyunsaturated Fat	g/100g	1.36
Total Transfat of Total Fat	% of Total Fat	2.13
Total Transfat in Product	g/100g	0.1
Protein (x6.25)	g/100g	15.43
Total Dietary Fibre	g/100g	<1.0

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDEF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Chicken (35%), Vegetables (19%).

COMPOUND INGREDIENTS:

Sauce: Water, Cow's milk, Onions, Modified starch (Sulphur dioxide), Green peppers, Mushrooms, Chicken stock (Maltodextrin, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Cream (Cow's milk), Garlic, Canola oil, Mustard powder, Fresh parsley, Radurised Herbs and Spices.

Vegetables: Potatoes, Carrots.

Allergens: Cow's milk, Sulphur dioxide, Wheat, Gluten.

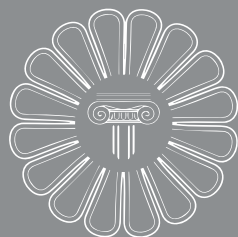
THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS AND SOYA

PACKAGING



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**MORFEAS
ELLAS**
since 1985

CHICKEN CURRY & VEG 200G

Chicken - curry with a medley of vegetables
- potatoes, pumpkin, carrots, sweetcorn and green pepper



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	3
Energy	KJ /100g	439
Total Fat	g/100g	4.04
Total Saturated Fat	g/100g	0.66
Total Monounsaturated Fat	g/100g	2.14
Total Polyunsaturated Fat	g/100g	1.16
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	14.79
Total Dietary Fibre	g/100g	<1.0

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Chicken (35%), Vegetables (19%).

COMPOUND INGREDIENTS

SAUCE: Water, Onions, Canned tomatoes, Canola oil (Antioxidant: TBHQ), Garlic, Ginger, Modified starch (Sulphur dioxide), Milk powder (Full cream cow's milk, Soya lecithin), Salt, Curry powder (Radurised Spices [Coriander, Turmeric, Cumin, Methee], Radurised wheat cereal, Radurised chillies).

VEGETABLES: Potatoes, Pumpkin, Carrots, Sweet corn, Green pepper.

ALLERGENS: Sulphur dioxide, Wheat, Gluten.

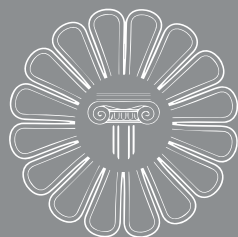
THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, SOYA AND COW'S MILK.

PACKAGING



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**MORFEAS
ELLAS**

since 1985

MEDITERRANEAN STEW 300G



NUTRITIONAL INFORMATION

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS:

Ingredient List: Water, Reconstituted chickpeas (33%), Onions, Carrots, Potatoes, Butternut, Tomato paste, Garlic, vegetable oil (Canola seed), Modified maize starch, Salt, White spirit vinegar, Granular tomato, Sugar, Herbs, Spices.

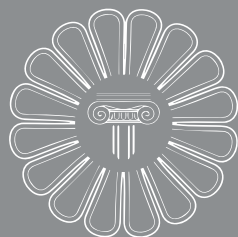
This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

MEXICAN CHICKEN & VEG 200G

Mouth watering chicken with sweetcorn in a mexican style sauce



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	7
Energy	KJ /100g	511
Total Fat	g/100g	4.18
Total Saturated Fat	g/100g	0.74
Total Monounsaturated Fat	g/100g	2.13
Total Polyunsaturated Fat	g/100g	1.26
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	15.51
Total Dietary Fibre	g/100g	<1.0

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Chicken (35%), Vegetables, Reconstituted sugar beans.

COMPOUND INGREDIENTS

Sauce: Water, Canned tomatoes, Onions, Chicken stock [Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Canola oil, Garlic, Modified starch, Radurised herbs & spices.

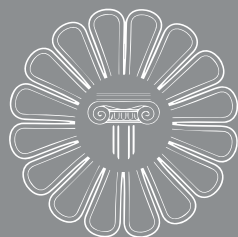
Vegetables: Sweet corn. **Allergens:** Sulphur Dioxide. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA AND COW'S MILK.**

PACKAGING



CONTACT

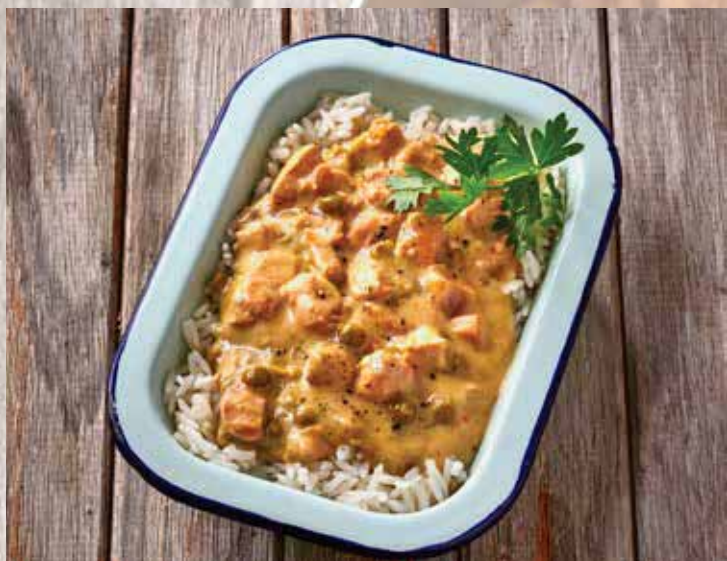
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**MORFEAS
ELLAS**
since 1985

CHICKEN KORMA 210G

Mouth watering chicken with sweetcorn in a mexican style sauce



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Chicken (40%), Green peas (16%), Water, Onions, Coconut milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Vegetable oil (Canola seed), Garlic, Ginger, Modified maize starch, Milk powder (Full cream cow's milk, Soya, Lecithin), Salt, Spices.

Allergens: Dairy & Sulphur dioxide

This product has been made in a factory that uses eggs, wheat, gluten & soya.

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	5.6
Energy	KJ /100g	525
Total Fat	g/100g	5.5
Total Saturated Fat	g/100g	1.8
Total Monounsaturated Fat	g/100g	2.1
Total Polyunsaturated Fat	g/100g	1.1
Cholesterol	mg/100g	33
Protein (x6.25)	g/100g	13
Total Sugar Measured	g/100g	1.1
Total Dietary Fibre	g/100g	1.1

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

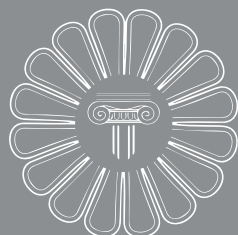
General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

CHICKEN BREYANI 200G

Mouth watering chicken with sweetcorn in a mexi-can style sauce



NUTRITIONAL INFORMATION

Energy	KJ /100g	560
Carbohydrates	g/100g	14.9
Protein (x6.25)	g/100g	9.30
Dietary Fibre	g/100g	1.3
Total Sugar Measured	g/100g	0.7
Protein (x6.25)	g/100g	9.30
Total Fat	g/100g	4.2
Total Saturated Fat	g/100g	0.7
Total Monounsaturated Fat	g/100g	2.0
Total Polyunsaturated Fat	g/100g	1.1
Cholesterol	mg/100g	20

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Chicken breast (25%), Breyani rice (20%).

COMPOUND INGREDIENTS

Sauce: Water, Canned tomatoes, Onions, Chicken Stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Canola oil, Modified starch, Garlic, Radurised herbs and spices.

Allergens: Sulphur dioxide.

BREYANI RICE: White rice, Reconstituted brown lentils, Onions, Sultanas, Canola oil (Antioxidant: TBHQ), Salt, Fresh coriander, Garlic, Radurised herbs and spices. Vegetables: Sweet corn.

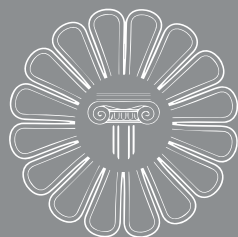
Allergens: Sulphur Dioxide. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA AND COW'S MILK.**

PACKAGING



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MORFEAS ELLAS

since 1985

BEEF SAMP AND BEANS 300G

Tender beef in a succulent sauce
with perfectly cooked samp and beans



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	7
Energy	KJ /100g	606
Total Fat	g/100g	7.59
Total Saturated Fat	g/100g	3.27
Total Monounsaturated Fat	g/100g	3.38
Total Polyunsaturated Fat	g/100g	0.81
Total Transfat of Total Fat	% of Total Fat	1.73
Total Transfat in Product	g/100g	0.13
Protein (x6.25)	g/100g	11.05
Total Sugar Measured	g/100g	0.68
Dietary Fibre	g/100g	2.47

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halala • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



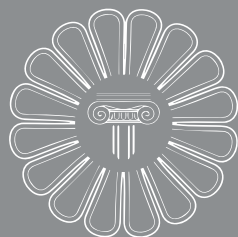
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INGREDIENTS: Sauce, Beef (25%), Reconstituted samp (9%), Sweet potato, Reconstituted beans (4%).

COMPOUND INGREDIENTS: SAUCE: Water, Canned tomatoes, Onions, Canola oil (Antioxidant: TBHQ), Modified starch (Sulphur dioxide), Beef stock (Maltodextrin, Salt, Flavourings [HVP], Caramel colourant, Hydrogenated palm fruit fat, Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Soya sauce (Soybean, Wheat), Garlic, Ginger, Radurised herbs and spices. **ALLERGENS:** Soya, Sulphur dioxide, Wheat.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, GLUTEN AND COW'S MILK.



MORFEAS ELLAS

since 1985

BEEF, CURRY, BEANS AND VEGETABLES 200G

A hearty dish, packed with nutrients, comprising of tender beef, carrots, potatoes and butter beans in a delicious curry sauce



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	<1.0
Energy	KJ /100g	545
Total Fat	g/100g	7.4
Total Saturated Fat	g/100g	2.9
Total Monounsaturated Fat	g/100g	2.8
Total Polyunsaturated Fat	g/100g	1.6
Total Transfat of Total Fat	% of Total Fat	1.6
Total Transfat in Product	g/100g	0.1
Protein (x6.25)	g/100g	13.1
Total Dietary Fibre	g/100g	6.0

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

PACKAGING



CONTACT

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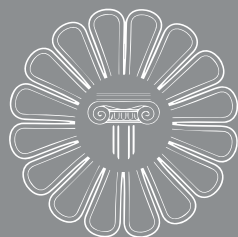
INGREDIENTS: Sauce, Beef (35%), Vegetables (20%).

COMPOUND INGREDIENTS:

Sauce: Water, Canned tomatoes, Onions, Canola oil (Antioxidant: TBHQ), Beef stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP], Caramel colourant, Hydrogenated palm fruit fat, Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Modified starch, Ginger, Garlic, Radurised herbs and spices.

Vegetables: Potatoes, Carrots.

Allergens: Sulphur dioxide THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA AND COWS MILK



**MORFEAS
ELLAS**

since 1985

BEEF BOLOGNAISE 300G



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Minced beef (25%), Water, Pasta (12%) (Durum flour, Wheat flour), Potatoes, Tomatoes, Carrots, Onions, Vegetable oil (Canola seed), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Tomato paste, Garlic, Modified maize starch, Sugar, Salt, herbs, Spices.

Allergens: Wheat & Gluten

This product has been made in a factory that uses dairy, eggs, soya & sulphur dioxide.

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	12.8
Energy	KJ /100g	627
Total Fat	g/100g	7.2
Total Saturated Fat	g/100g	2.1
Total Monounsaturated Fat	g/100g	3.5
Total Polyunsaturated Fat	g/100g	0.8
Cholesterol	mg/100g	24
Protein (x6.25)	g/100g	8.4
Total Sugar Measured	g/100g	1.7
Total Dietary Fibre	g/100g	2.1

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

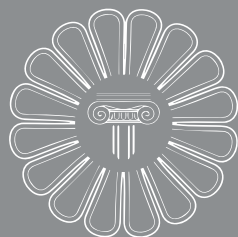
General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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**MORFEAS
ELLAS**

since 1985

BEEF PILAU 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	14.8
Energy	KJ /100g	575
Total Fat	g/100g	1.3
Total Saturated Fat	g/100g	1
Total Monounsaturated Fat	g/100g	2.1
Total Polyunsaturated Fat	g/100g	0.6
Cholesterol	mg/100g	26
Protein (x6.25)	g/100g	10.2
Total Sugar Measured	g/100g	1.2
Total Dietary Fibre	g/100g	0.9

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

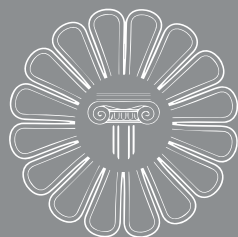
INGREDIENTS: asked shannen

PACKAGING



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**MORFEAS
ELLAS**
since 1985



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Beef (30%), Water, Tomatoes, Potatoes, Carrots, Vegetable oil (Canola seed), Onions, Green peas, Sweetcorn, Modified maize starch, Celery, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Salt, Tomato paste, Garlic, Spices.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

BEEF STEW 300G

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	4.8
Energy	KJ /100g	509
Total Fat	g/100g	5.3
Total Saturated Fat	g/100g	1.4
Total Monounsaturated Fat	g/100g	2.6
Total Polyunsaturated Fat	g/100g	0.7
Cholesterol	mg/100g	38
Protein (x6.25)	g/100g	13.1
Total Sugar Measured	g/100g	1
Total Dietary Fibre	g/100g	1

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

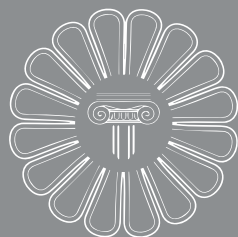
General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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MORFEAS ELLAS

since 1985

BEEF STROGANOFF 300G



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	7
Energy	KJ /100g	579
Total Fat	g/100g	5.7
Total Saturated Fat	g/100g	1.9
Total Monounsaturated Fat	g/100g	2.6
Total Polyunsaturated Fat	g/100g	0.5
Cholesterol	mg/100g	42
Protein (x6.25)	g/100g	13.9
Total Sugar Measured	g/100g	1.8
Total Dietary Fibre	g/100g	0.8

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

INGREDIENTS: Beef (30%), Water, Potatoes, Onions, Milk powder (Full cream cow's milk, Soya, Lecithin), Vegetable oil (Canola seed), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Modified maize starch, Salt, Garlic, Spices, Herbs. Allergens: Dairy.

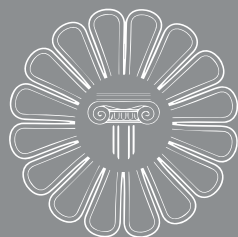
This product has been made in a factory that uses eggs, wheat, gluten, soya & sulphur dioxide.

PACKAGING



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MORFEAS ELLAS

since 1985

SAUSAGE & BEANS 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	13.2
Energy	KJ /100g	592
Total Fat	g/100g	6.6
Total Saturated Fat	g/100g	2.4
Total Monounsaturated Fat	g/100g	2.9
Total Polyunsaturated Fat	g/100g	0.5
Cholesterol	mg/100g	20
Protein (x6.25)	g/100g	7.9
Total Sugar Measured	g/100g	2.6
Total Dietary Fibre	g/100g	4

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Venison sausages (24%), Reconstituted haricot beans (24%), Tomato puree, Onions, Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Vegetable oil (Canola seed), Tomato paste, Sugar, Salt, Garlic, Modified maize starch, White spirit vinegar, Spices.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN, SOYA & SULPHUR DIOXIDE.

PACKAGING



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**MORFEAS
ELLAS**
since 1985



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Minced beef (63%), Tomatoes, Water, Onions, Bread crumbs (Wheat flour, Yeast, Salt, Gluten, Vegetable fat, Improving agent), Salt, Modified maize starch, Vegetable oil (Canola seed), Milk powder (Full cream cow's milk, Soya, Lecithin), Vegetable powder (Garlic, Onion), Sugar, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Herbs, Spices. Allergens: Dairy, Wheat & Gluten

This product has been made in a factory that uses eggs, soya & sulphur dioxide.

BEEF BURGER 150G

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	5.1
Energy	KJ /100g	907
Total Fat	g/100g	16.2
Total Saturated Fat	g/100g	6.2
Total Monounsaturated Fat	g/100g	7.2
Total Polyunsaturated Fat	g/100g	1
Cholesterol	mg/100g	52
Protein (x6.25)	g/100g	11.9
Total Sugar Measured	g/100g	1.2
Total Dietary Fibre	g/100g	0.6

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

BOMBAY POTATOES 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	11.2
Energy	KJ /100g	330
Total Fat	g/100g	3.4
Total Saturated Fat	g/100g	0.7
Total Monounsaturated Fat	g/100g	1.6
Total Polyunsaturated Fat	g/100g	0.8
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	1.2
Total Sugar Measured	g/100g	1.4
Total Dietary Fibre	g/100g	1.8

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Potatoes (44%), Water, Onions, Coconut milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Vegetable oil (Canola seed), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Ginger, Modified maize starch, Salt, Spices.

Allergens: Sulphur dioxide.

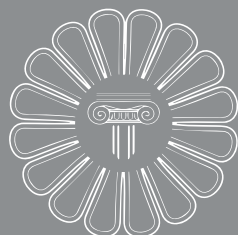
This product has been made in a factory that uses dairy, eggs, wheat, gluten & soya.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

BROWN RICE 200G

Mouth watering chicken with sweetcorn in a mexi-



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	34.1
Energy	KJ /100g	754
Total Fat	g/100g	3.1
Total Saturated Fat	g/100g	0.4
Total Monounsaturated Fat	g/100g	1.5
Total Polyunsaturated Fat	g/100g	1
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	3.5
Total Sugar Measured	g/100g	0.4
Total Dietary Fibre	g/100g	1.5

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Brown Rice (66%), Water, Vegetable oil (Canola seed), Salt.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya and sulphur dioxide.

PACKAGING



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**MORFEAS
ELLAS**

since 1985

CHICKPEA AND BUTTERNUT CURRY



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	12.4
Energy	KJ /100g	364
Total Fat	g/100g	3.5
Total Saturated Fat	g/100g	0.3
Total Monounsaturated Fat	g/100g	1.8
Total Polyunsaturated Fat	g/100g	1.1
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	2.5
Total Sugar Measured	g/100g	2.8
Total Dietary Fibre	g/100g	2.7

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Water, Butternut (26%), Reconstituted chickpeas (18%), Onions, Vegetable oil (Canola seed), Tomato paste, Garlic, Ginger, Salt, Modified maize starch, Herbs, Spices.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN, SOYA & SULPHUR DIOXIDE.

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**MORFEAS
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since 1985

CHICKPEA TAGINE 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	17.5
Energy	KJ /100g	452
Total Fat	g/100g	2.3
Total Saturated Fat	g/100g	0.2
Total Monounsaturated Fat	g/100g	0.8
Total Polyunsaturated Fat	g/100g	0.9
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	5.2
Total Sugar Measured	g/100g	3.4
Total Dietary Fibre	g/100g	4.9

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Reconstituted chickpeas (44%), Water, Tomatoes, Onions, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Vegetable oil (Canola seed), Tomato paste, Salt, Modified maize starch, Ginger, Spices.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN, SOYA & SULPHUR DIOXIDE.

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MORFEAS ELLAS

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CHILLI CON CARNE 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	16.3
Energy	KJ /100g	646
Total Fat	g/100g	5.8
Total Saturated Fat	g/100g	2
Total Monounsaturated Fat	g/100g	2.7
Total Polyunsaturated Fat	g/100g	0.4
Cholesterol	mg/100g	24
Protein (x6.25)	g/100g	9.6
Total Sugar Measured	g/100g	1.2
Total Dietary Fibre	g/100g	1.3

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Tomatoes, Minced beef (20%), White Rice (14%), Reconstituted black beans (9%), Water, Sweetcorn, Vegetable oil (Canola seed), Onions, Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Salt, Garlic, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Modified maize starch, Spices.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN, SOYA & SULPHUR DIOXIDE.

PACKAGING



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**MORFEAS
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since 1985

CREAMY MACARONI 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	23.1
Energy	KJ /100g	547
Total Fat	g/100g	3.4
Total Saturated Fat	g/100g	0.7
Total Monounsaturated Fat	g/100g	1.6
Total Polyunsaturated Fat	g/100g	0.9
Cholesterol	mg/100g	2
Protein (x6.25)	g/100g	2.5
Total Sugar Measured	g/100g	1.3
Total Dietary Fibre	g/100g	2.9

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Water, Pasta (Durum flour, Wheat flour), Onions, Vegetable oil (Canola seed), Milk powder (Full cream cow's milk, Soya, Lecithin), Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Creamer, Flavouring, Natural colourant, Salt, Garlic.
Allergens: Dairy, Wheat & Gluten
This product has been made in a factory that uses eggs, soya & sulphur dioxide.

PACKAGING



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**MORFEAS
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since 1985

LENTIL STEW 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	14.3
Energy	KJ /100g	377
Total Fat	g/100g	1.6
Total Saturated Fat	g/100g	0.1
Total Monounsaturated Fat	g/100g	0.9
Total Polyunsaturated Fat	g/100g	0.5
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	5.4
Total Sugar Measured	g/100g	2.1
Total Dietary Fibre	g/100g	6.1

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Reconstituted brown lentils (33%), Water, Onions, Tomatoes, Carrots, Potatoes, Butternut, Vegetable oil (Canola seed), Garlic, Ginger, Tomato paste, Salt, Modified maize starch, Spices.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

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**MORFEAS
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MUTTON CURRY 200G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	5.9
Energy	KJ /100g	538
Total Fat	g/100g	5.2
Total Saturated Fat	g/100g	2
Total Monounsaturated Fat	g/100g	1.9
Total Polyunsaturated Fat	g/100g	0.6
Cholesterol	mg/100g	43
Protein (x6.25)	g/100g	14.3
Total Sugar Measured	g/100g	1.6
Total Dietary Fibre	g/100g	1.4

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS:: Mutton (35%), Water, Tomatoes, Potatoes, Carrots, Coconut milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Vegetable oil (Canola seed), Onions, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Tomato paste, Curry powder (Coriander, Turmeric, Cumin, Methi, Wheat, Chillies), Salt, Modified maize starch, Garlic, Ginger, Sugar, Spices.

Allergens: Wheat, Gluten & Sulphur dioxide.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, & SOYA.

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**MORFEAS
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since 1985

MUTTON STEW 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	2
Energy	KJ /100g	520
Total Fat	g/100g	7.62
Total Saturated Fat	g/100g	3.58
Total Monounsaturated Fat	g/100g	2.7
Total Polyunsaturated Fat	g/100g	1.1
Cholesterol	mg/100g	32.7
Protein (x6.25)	g/100g	11.25
Total Sugar Measured	g/100g	<0.3
Total Dietary Fibre	g/100g	<1.0

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS : Mutton (35%), Water, Tomatoes, Butternut, Sweetcorn, Onions, Vegetable oil (Canola seed), Garlic, Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Ginger, Sugar, Salt, Spices. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN, SOYA & SULPHUR DIOXIDE.**

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**MORFEAS
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since 1985

PASTA FUSSILI 200G

Mouth watering chicken with sweetcorn in a mexi-



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	33.3
Energy	KJ /100g	705
Total Fat	g/100g	2.9
Total Saturated Fat	g/100g	0.3
Total Monounsaturated Fat	g/100g	1.4
Total Polyunsaturated Fat	g/100g	1
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	3.1
Total Sugar Measured	g/100g	0
Total Dietary Fibre	g/100g	4.6

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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INGREDIENTS: Ingredient List: Pasta (68%) (Durum flour, Wheat flour) , Water, Vegetable oil (CANOLA SEED), SALT. **ALLERGENS: WHEAT AND GLUTEN**

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, SOYA AND SULPHUR DIOXIDE.



**MORFEAS
ELLAS**
since 1985

POTATO & BEANS



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Water, Potatoes (28%), Tomatoes, Reconstituted sugar beans (8%), Reconstituted haricot beans (8%), Onions, Chutney (Sugar, Water, Vinegar, Dried Fruit ((Peaches 6.9%), (Apicort 0.95%)), Modified maize starch, Salt, Caramel colourant, Radurised chillies), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Garlic, Modified maize starch, Salt, Spices. Allergens: sulphur dioxide
THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN & SOYA.

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	14
Energy	KJ /100g	356
Total Fat	g/100g	2.1
Total Saturated Fat	g/100g	0.2
Total Monounsaturated Fat	g/100g	1.2
Total Polyunsaturated Fat	g/100g	0.6
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	3
Total Sugar Measured	g/100g	1.7
Total Dietary Fibre	g/100g	3.2

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

SPICY TUNA BEAN SALAD 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	20.9
Energy	KJ /100g	666
Total Fat	g/100g	7.1
Total Saturated Fat	g/100g	0.5
Total Monounsaturated Fat	g/100g	4.1
Total Polyunsaturated Fat	g/100g	2.1
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	4.1
Total Sugar Measured	g/100g	8.9
Total Dietary Fibre	g/100g	4

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Tuna (18%), Water, Reconstituted haricot beans (12%), Reconstituted sugar beans (12%), Tomato puree, Onions, White spirit vinegar, Vegetable oil (Canola seed), Sugar, Reconstituted butter beans (6%), Green beans (6%), Garlic, Salt, Modified maize starch, Chilli flakes.

Allergens: Seafood

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES DAIRY, EGGS, WHEAT, GLUTEN, SOYA & SULPHUR DIOXIDE.

PACKAGING



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**MORFEAS
ELLAS**

since 1985

SPICY BEAN STEW 300G



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Tomatoes, Reconstituted sugar beans (13%), Reconstituted haricot beans (13%), Reconstituted black beans (13%), Onions, Carrots, Sweetcorn, Tomato paste, Garlic, Salt, Vegetable oil (Canola seed), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Modified maize starch, Spices.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	17.7
Energy	KJ /100g	426
Total Fat	g/100g	1.4
Total Saturated Fat	g/100g	0.2
Total Monounsaturated Fat	g/100g	0.7
Total Polyunsaturated Fat	g/100g	0.5
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	5.4
Total Sugar Measured	g/100g	1.9
Total Dietary Fibre	g/100g	4.9

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

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**MORFEAS
ELLAS**
since 1985

SPICY CHICKPEA, BARLEY & LENTIL PILAF



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	24.5
Energy	KJ /100g	556
Total Fat	g/100g	1.6
Total Saturated Fat	g/100g	0.2
Total Monounsaturated Fat	g/100g	0.6
Total Polyunsaturated Fat	g/100g	0.6
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	6.1
Total Sugar Measured	g/100g	2.7
Total Dietary Fibre	g/100g	7.1

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Ingredient List: Water, Reconstituted brown lentils, Reconstituted chickpeas (16%), Tomatoes, Reconstituted barley (13%), Onions, Tomato paste, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Vegetable oil (Canola seed) < Modified maize starch, Garlic, Salt, Ginger, Sugar, Spices. This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

PACKAGING



CONTACT

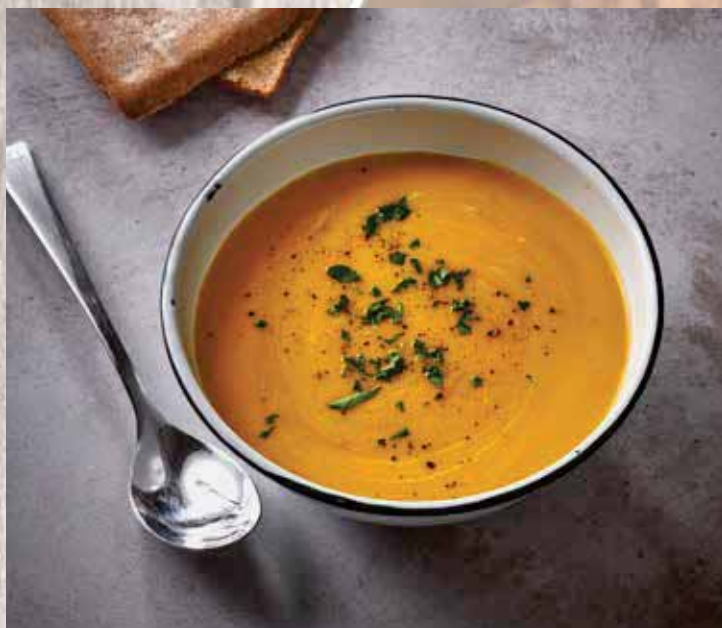
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MORFEAS ELLAS

since 1985

SWEET POTATO & CARROT SOUP



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	7.3
Energy	KJ /100g	196
Total Fat	g/100g	1.8
Total Saturated Fat	g/100g	1.1
Total Monounsaturated Fat	g/100g	0.4
Total Polyunsaturated Fat	g/100g	0.2
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	0.7
Total Sugar Measured	g/100g	2.6
Total Dietary Fibre	g/100g	1.3

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Sweet potato (17%), Carrots (13%), Onions, Coconut Milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Celery, Vegetable oil (Canola seed), Sugar, Modified maize starch, Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Salt, Spices.
Allergens: Sulphur dioxide

This product has been made in a factory that uses dairy, eggs, wheat, gluten & soya.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

THAI CHICKPEA CURRY 300G



NUTRITIONAL INFORMATION

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Reconstituted chickpeas (44%), Water, Onions, Coconut milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Carrots, Vegetable oil (Canola seed), Garlic, Ginger, Modified maize starch, Salt, Spices.
Allergens: Sulphur dioxide.
This product has been made in a factory that uses dairy, eggs, wheat, gluten & soya.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

VEGETABLE, LENTIL & BEAN CURRY 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	12.8
Energy	KJ /100g	406
Total Fat	g/100g	4.1
Total Saturated Fat	g/100g	1.1
Total Monounsaturated Fat	g/100g	1.8
Total Polyunsaturated Fat	g/100g	0.9
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	3.2
Total Sugar Measured	g/100g	2.3
Total Dietary Fibre	g/100g	3.9

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Onions (15%), Potatoes (12%), Carrots (12%), Reconstituted lentils (9%), reconstituted haricot beans (7%), (Coconut milk (Coconut milk extract, Water, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Vegetable oil (Canola seed), Green peas (2%), Sweetcorn (2%), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Garlic, Ginger, Modified maize starch, Salt, Spices.

Allergens: Sulphur dioxide.

This product has been made in a factory that uses dairy, eggs, wheat, gluten & soya.

PACKAGING



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**MORFEAS
ELLAS**

since 1985

VEGETABLE PILAU 300G



Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, White rice (22%), Tomatoes, Sweetcorn (7%) Green peas (7%), Reconstituted sugar beans (6%), Onions, Carrots (4%), Vegetable oil (Canola seed), Vegetable stock (Salt, Palm oil, Flavour, Maltodextrin, Vegetable mix (Carrots, Onions, Celery, Leeks, Chives), Sugar, Spices (Turmeric, White pepper, Coriander, Nutmeg), Rosemary extract), Tomato paste, Modified maize starch, Garlic, Salt, Spices.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	21.5
Energy	KJ /100g	505
Total Fat	g/100g	3.2
Total Saturated Fat	g/100g	0.2
Total Monounsaturated Fat	g/100g	1.7
Total Polyunsaturated Fat	g/100g	0.9
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	2.9
Total Sugar Measured	g/100g	1.2
Total Dietary Fibre	g/100g	1.6

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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MORFEAS ELLAS

since 1985

VEGETABLE TIKKA MASALA 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	11.9
Energy	KJ /100g	276
Total Fat	g/100g	1.3
Total Saturated Fat	g/100g	0.1
Total Monounsaturated Fat	g/100g	0.6
Total Polyunsaturated Fat	g/100g	0.4
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	2.6
Total Sugar Measured	g/100g	2.5
Total Dietary Fibre	g/100g	2.7

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Tomatoes (22%), Reconstituted black beans, Carrots (11%), Potatoes (11%), Green peas (6%), sweetcorn 6%), Onion (3%), Tomato paste, Vegetable oil (Canola seed), Salt, Garlic, Ginger, Modified maize starch, Sugar, Spices.
This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

WHITE RICE 200G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	36.1
Energy	KJ /100g	752
Total Fat	g/100g	2
Total Saturated Fat	g/100g	0.2
Total Monounsaturated Fat	g/100g	1.1
Total Polyunsaturated Fat	g/100g	0.6
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	3
Total Sugar Measured	g/100g	0.3
Total Dietary Fibre	g/100g	0.8

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: White Rice (66%), Water, Vegetable oil (Canola seed), Salt.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya and sulphur dioxide.

PACKAGING



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**MORFEAS
ELLAS**

since 1985

BAKED BEANS 300G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	20.3
Energy	KJ /100g	463
Total Fat	g/100g	1
Total Saturated Fat	g/100g	0.1
Total Monounsaturated Fat	g/100g	0.4
Total Polyunsaturated Fat	g/100g	0.3
Cholesterol	mg/100g	0
Protein (x6.25)	g/100g	6.3
Total Sugar Measured	g/100g	3
Total Dietary Fibre	g/100g	6.8

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Reconstituted haricot beans (44%), Water, Tomato puree, Onions, Worcestershire sauce (Water, Vinegar, Molasses, Sugar, Salt, Spices (Coriander), Food Colourant (Caramel), Dehydrated vegetables (Garlic, Onion), Maize Meal), Vegetable oil (Canola seed), Tomato paste, Sugar, Salt, Garlic, Modified maize starch, White spirit vinegar, Spices.

This product has been made in a factory that uses dairy, eggs, wheat, gluten, soya & sulphur dioxide.

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**MORFEAS
ELLAS**
since 1985

SAVOURY MINCE & VEG 200G

Flavorsome minced beef with potatoes, carrots, pumpkin, sweetcorn and green pepper in a delicious sauce



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	4
Energy	KJ /100g	570
Total Fat	g/100g	8.09
Total Saturated Fat	g/100g	3.51
Total Monounsaturated Fat	g/100g	3.15
Total Polyunsaturated Fat	g/100g	0.99
Total Transfat of Total Fat	% of Total Fat	5.24
Total Transfat in Product	g/100g	0.43
Protein (x6.25)	g/100g	10.20
Total Dietary Fibre	g/100g	2.5

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

INGREDIENTS: Sauce, Minced beef (35%), Vegetables. **COMPOUND INGREDIENTS - SAUCE:** Water, Canned tomatoes, Onions, Chutney (Contains: Sugar, Vinegar, Dried Fruit [Peaches, Apricot] [Sulphur dioxide], Modified starch, Salt, Caramel colourant, Radurised chillies), Canola oil (Antioxidant: TBHQ), Beef stock (Maltodextrin, Flavourings [HVP], Caramel colourant, Hydrogenated palm fruit fat, Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627], Radurised rosemary), Brown onion soup powder (Wheat [Gluten], Cornflour, Flavouring, Onion [3%], Colourants [E150d, E110, E124], Flavour enhancers [Monosodium glutamate, E631, E627], Potassium chloride, Radurised herbs, Paprika extract), Radurised spices. **VEGETABLES:** Potatoes, Carrots, Pumpkin, Sweet corn, Green pepper **ALLERGENS:** Wheat, Gluten, Sulphur dioxide. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, SOYA AND COW'S MILK.**

PACKAGING



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**MORFEAS
ELLAS**

since 1985

BEEF CURRY AND VEGETABLES 200G

Mouth watering beef
curry served with potatoes and carrots



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	4
Energy	KJ /100g	539
Total Fat	g/100g	6.28
Total Saturated Fat	g/100g	2.52
Total Monounsaturated Fat	g/100g	2.89
Total Polyunsaturated Fat	g/100g	0.72
Total Transfat of Total Fat	% of Total Fat	2.15
Total Transfat in Product	g/100g	0.14
Protein (x6.25)	g/100g	14.32
Dietary Fibre	g/100g	<1.0

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Beef (35%), Vegetables (20%).

COMPOUND INGREDIENTS

SAUCE: Water, Canned tomatoes, Onions, Canola oil (Antioxidant: TBHQ), Beef stock (Maltodextrin [Sulphur dioxide], Salt, Flavours [HVP], Caramel colourant, Hydrogenated palm fruit fat, Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Modified starch, Ginger, Garlic, Radurised herbs and spices.

VEGETABLES: Potatoes, Carrots.

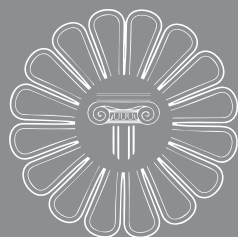
ALLERGENS: Sulphur dioxide. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA AND COW'S MILK.**

PACKAGING



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**MORFEAS
ELLAS**
since 1985

CHICKEN PASTA & VEGETABLES 300G

Perfectly cooked al dente pasta with chicken in a rich sauce with carrots



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	6
Energy	KJ /100g	491
Total Fat	g/100g	3.73
Total Saturated Fat	g/100g	0.76
Total Monounsaturated Fat	g/100g	1.80
Total Polyunsaturated Fat	g/100g	1.17
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	13.51
Dietary Fibre	g/100g	2.8

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS:

PACKAGING



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**MORFEAS
ELLAS**
since 1985

CHICKEN BREYANI 300G

Fragrant Indian chicken breyani
cooked to perfection



NUTRITIONAL INFORMATION

Energy	KJ /100g	560
Carbohydrates	g/100g	14.9
Protein (x6.25)	g/100g	9.30
Dietary Fibre	g/100g	1.3
Total Fat	g/100g	4.2
Total Saturated Fat	g/100g	0.7
Total Monounsaturated Fat	g/100g	2.0
Total Polyunsaturated Fat	g/100g	1.1

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

CHICKEN BREYANI

INGREDIENTS: Sauce, Chicken breast (25%), Breyani rice (20%).

COMPOUND INGREDIENTS

SAUCE: Water, Canned tomatoes, Onions, Chicken Stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP, Celery], Hydrogenated palm fruit fat [Antioxidant: TBHQ], Chicken [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Canola oil, Modified starch, Garlic, Radurised herbs and spices.

ALLERGENS: Sulphur dioxide. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA AND COW'S MILK.**

PACKAGING



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MORFEAS ELLAS

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Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

BEEF PASTA AND VEGETABLES 300G

Flavorsome and tender beef with vegetables in a rich sauce

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	6
Energy	KJ /100g	484
Total Fat	g/100g	3.34
Total Saturated Fat	g/100g	0.70
Total Monounsaturated Fat	g/100g	1.79
Total Polyunsaturated Fat	g/100g	0.86
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	12.62
Dietary Fibre	g/100g	5.4

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Beef (25%), Pasta (10%), Vegetables.

COMPOUND INGREDIENTS

SAUCE: Water, Canned tomatoes, Onions, Beef stock (Maltodextrin [Sulphur dioxide], Salt, Flavourings [HVP], Caramel colourant, Hydrogenated palm fruit fat [Antioxidant: TBHQ], Beef [3%], Potassium chloride, Vegetable powders [Onion, Garlic], Flavour enhancers [E631, E627]), Modified starch, Canola oil, Garlic, Ginger, Radurised herbs and spices.

PACKAGING



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MORFEAS ELLAS

since 1985



PILCHARDS 155G

Homestyle delicious pilchards
in tomato sauce

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	2.0
Energy	KJ /100g	438.0
Total Fat	g/100g	5.1
Total Saturated Fat	g/100g	2
Total Monounsaturated Fat	g/100g	1.2
Total Polyunsaturated Fat	g/100g	1.8
Total Transfat of Total Fat	% of Total Fat	<0.1
Protein (x6.25)	g/100g	17
Total Sugar Measured	g/100g	1
Dietary Fibre	g/100g	2.3

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDEF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Pilchards (fish), water, tomato paste, tapioca starch, salt, guar gum.

PACKAGING



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MORFEAS ELLAS

since 1985

BARBEQUE RICE 150G

Fluffy white rice in delicious spices



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	34
Energy	KJ /100g	678
Total Fat	g/100g	2.2
Total Saturated Fat	g/100g	0.32
Total Monounsaturated Fat	g/100g	1.06
Total Polyunsaturated Fat	g/100g	0.82
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	3.07
Total Sugar Measured	g/100g	4.83
Dietary Fibre	g/100g	2.8

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: White rice (54%), Water, Tomato sauce (Contains: Tomato paste, Cane sugar, Vinegar, Salt, Irradiated spices), Onion, Apricot jam (Contains: Glucose, Apricot pulp, Pectin [E440], Acidity regulator [E330]), Canola oil (Antioxidant: TBHQ), White wine vinegar, Worcester sauce (Contains: Molasses, Caramel colourant, Radurised dehydrated vegetables [Onion, Garlic], Maize meal), Red bell pepper flakes, Garlic, Radurised herbs & spices.

ALLERGENS: Sulphur dioxide.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA AND COW'S MILK.

PACKAGING



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MORFEAS ELLAS

since 1985

SAVOURY SAMP AND BEANS 300G

A protein packed combination of sugar beans, butter beans and samp in a super tasty sauce



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	17
Energy	KJ /100g	449
Total Fat	g/100g	1.62
Total Saturated Fat	g/100g	0.20
Total Monounsaturated Fat	g/100g	0.83
Total Polyunsaturated Fat	g/100g	0.59
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	3.13
Total Sugar Measured	g/100g	4.18
Dietary Fibre	g/100g	5.5

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sauce, Reconstituted samp (20%), Reconstituted sugar beans (7%), Reconstituted butter beans (7%). **COMPOUND INGREDIENTS - SAUCE:** Water, Canned tomatoes, Onions, Chutney (Contains: Sugar, Vinegar, Dried Fruit [Peaches, Apricot], Modified starch [Sulphur dioxide], Salt, Caramel colourant), Vegetable stock (Contains: Vegetable powders [Tomatoes, Peas, Onions, Garlic], Flavourings [HVP, Celery], Palm fruit oil (Antioxidant: TBHQ), Carrots, Potassium Chloride, Leeks, Flavour Enhancers [E631, E627]), Canola oil, Brown onion powder (Contains: Wheat flour [Gluten], Cornflour, Flavouring, Onion [3%], Colourants [E150d, E110, E124], Flavour enhancers [Monosodium glutamate, E631, E627], Paprika extract), Radurised herbs and spices. **ALLERGENS:** Wheat, Gluten, Sulphur dioxide. **THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, SOYA AND COW'S MILK.**

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**MORFEAS
ELLAS**
since 1985

SAVOURY RICE 150G

White rice packed with flavour with sweet corn and green beans



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	23
Energy	KJ /100g	480
Total Fat	g/100g	1.56
Total Saturated Fat	g/100g	0.23
Total Monounsaturated Fat	g/100g	0.71
Total Polyunsaturated Fat	g/100g	0.62
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	2.40
Total Sugar Measured	g/100g	<0.3
Dietary Fibre	g/100g	2.3

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: White rice (47%), Water, Onions, Sweet corn, Green beans, Tomato paste, Canola oil (Antioxidant: TBHQ), Salt, Garlic, Radurised herbs and spices (Wheat, Gluten).

ALLERGENS: Wheat, Gluten.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, SOYA, SULPHUR DIOXIDE AND COW'S MILK.

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MORFEAS ELLAS

since 1985

LENTILS, BEANS AND VEGETABLES 150G

A heavenly mixture of lentils, sugar beans, and butter beans full of spice



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	11
Energy	KJ /100g	300
Total Fat	g/100g	1.25
Total Saturated Fat	g/100g	0.13
Total Monounsaturated Fat	g/100g	0.46
Total Polyunsaturated Fat	g/100g	0.66
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	4.75
Total Sugar Measured	g/100g	0.65
Dietary Fibre	g/100g	5.5

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

PACKAGING



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INGREDIENTS: Water, Reconstituted lentils (11%), Reconstituted sugar beans (11%), Reconstituted butter beans (11%), Onions, Potatoes (4%), Green bell peppers (4%), Tomato paste, Butternut (2%), Modified starch, Canola oil (Antioxidant: TBHQ), Salt, Garlic, Sundried tomato granules, White wine vinegar, Black pepper.

ALLERGENS: Sulphur dioxide

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOY AND COW'S MILK.



MORFEAS ELLAS

since 1985



SAMP 150G

Good old traditional South African style samp cooked just the way it should be.

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	22
Energy	KJ /100g	423
Total Fat	g/100g	1.10
Total Saturated Fat	g/100g	0.17
Total Monounsaturated Fat	g/100g	0.47
Total Polyunsaturated Fat	g/100g	0.46
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	1.67
Total Sugar Measured	g/100g	<0.3
Dietary Fibre	g/100g	2.2

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDEF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

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INGREDIENTS: Water, Reconstituted samp (34%), Canola oil (Antioxidant: TBHQ), Salt.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA, SULPHUR DIOXIDE AND COW'S MILK.



MORFEAS ELLAS

since 1985



PAP (MAIZE) 150G

For a good boost in carbs, delicious pap cooked homestyle.

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	15
Energy	KJ /100g	283
Total Fat	g/100g	0.61
Total Saturated Fat	g/100g	<0.1
Total Monounsaturated Fat	g/100g	0.24
Total Polyunsaturated Fat	g/100g	0.28
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	1.20
Total Sugar Measured	g/100g	<0.3
Dietary Fibre	g/100g	3
Protein (x6.25)	g/100g	1.20

Manufacture approved • FSSC 22000 accreditation • NRCS

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

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INGREDIENTS: Water, Maize meal (16%), Salt, Canola oil (Antioxidant: TBHQ).

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES EGGS, WHEAT, GLUTEN, SOYA, SULPHUR DIOXIDE AND COW'S MILK.



**MORFEAS
ELLAS**
since 1985

CHOCOLATE BROWNIE 120G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	44.2
Energy	KJ /100g	1250
Total Fat	g/100g	13.9
Total Saturated Fat	g/100g	2.2
Total Monounsaturated Fat	g/100g	7.5
Total Polyunsaturated Fat	g/100g	3.5
Cholesterol	mg/100g	4
Protein (x6.25)	g/100g	4.1
Total Sugar Measured	g/100g	31.3
Total Dietary Fibre	g/100g	3.1

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Sugar, Water, Vegetable oil (Canola seed), Wheat flour, Cocoa powder (9%) (Alkalised cocoa), Reconstituted egg powder, Milk powder (Full cream cow's milk, Soya, Lecithin), Modified maize starch, Salt, Baking powder (Corn starch, Raising agent (E450(a) & E341), Sodium bicarbonate (E500)), Vanilla essence (Water, Ethanol, Flavouring, Colourant).

Allergens: Dairy, Eggs, Soya, Wheat & Gluten.

This product has been made in a factory that uses sulphur dioxide

PACKAGING



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MORFEAS ELLAS

since 1985

SAGO PUDDING 120G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	21.5
Energy	KJ /100g	485
Total Fat	g/100g	2.6
Total Saturated Fat	g/100g	1.1
Total Monounsaturated Fat	g/100g	1.1
Total Polyunsaturated Fat	g/100g	0.3
Cholesterol	mg/100g	6
Protein (x6.25)	g/100g	1.8
Total Sugar Measured	g/100g	14.3
Total Dietary Fibre	g/100g	0.2

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celcius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Sugar, Sago (8%) (Tapioca starch), Milk powder (Full cream cow's milk, Soya, Lecithin), Reconstituted egg powder, Vegetable oil (Canola seed), Vanilla essence (Water, Ethanol, Flavouring, Colourant), Cinnamon, Salt.

Allergens: Dairy, Eggs & Soya.

THIS PRODUCT HAS BEEN MADE IN A FACTORY THAT USES SULPHUR DIOXIDE.

PACKAGING



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**MORFEAS
ELLAS**
since 1985

COCONUT RICE PUDDING 120G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	7
Energy	KJ /100g	511
Total Fat	g/100g	4.18
Total Saturated Fat	g/100g	0.74
Total Monounsaturated Fat	g/100g	2.13
Total Polyunsaturated Fat	g/100g	1.26
Total Transfat of Total Fat	% of Total Fat	<0.1
Total Transfat in Product	g/100g	<0.1
Protein (x6.25)	g/100g	15.51
Total Dietary Fibre	g/100g	<1.0

Manufacture approved • FSSC 22000 accreditation • NRCS
approval for factory • NRCS approval per batch
• Department of Health approved • Halal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Jasmine Rice (33%), Coconut milk (Coconut milk extract, Stabilisers, Emulsifiers, Citric acid, Preservative: Sodium Metabisulphite), Water, Sugar, Coconut flakes, Vegetable oil (Canola seed), Vanilla essence (Water, Ethanol, Flavouring, Colourant), Ginger, Chia seeds, Cinnamon, Salt. Allergens: Sulphur dioxide

This product has been made in a factory that uses dairy, eggs, wheat, gluten and soya.

PACKAGING



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MORFEAS ELLAS

since 1985

MALVA PUDDING 120G



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	35.8
Energy	KJ /100g	965
Total Fat	g/100g	7.3
Total Saturated Fat	g/100g	2.9
Total Monounsaturated Fat	g/100g	3
Total Polyunsaturated Fat	g/100g	1
Cholesterol	mg/100g	16
Protein (x6.25)	g/100g	5.6
Total Sugar Measured	g/100g	28.2
Total Dietary Fibre	g/100g	0.3

Manufacture approved • FSSC 22000 accreditation • NRCS approval for factory • NRCS approval per batch
• Department of Health approved • Halaal • EU meat approved

RETORT POUCH SPECIFICATION (SANDF 09)

Composition: Flexible pouch formed with multiple layers containing Polyester, Foil, Polyamide and Polyolefin. Safe for use with food by reference to EU Directives and FDA Regulations. Shelf stability guaranteed for 36 months at temperatures of not more than 27 degrees Celsius. Colour - green.

Printing: Food-grade inks used which can withstand the conditions of the retort pouches. The inks are reverse printed onto the inside of the polyester so that it appears inside between the polyester and aluminium layers and does not come into contact with the food or water used to heat the pouch.

Retort ability: Capable of withstanding thermal processing at 128 degrees Celsius for 45 minutes at 150 kPa.

General appearance: Pouches shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, blistering, piping or any other evidence of delaminating, blemishes, marks or any other irregularities.

Serial No.	Property	Unit of measurement	Measurement
1	Thickness	Microns	119.00 +/-10.00
2	Weight	g/m ²	135.00 +/- 11.00
3	Bond strength 1	g/inch	>400.00
4	Bond strength 2	g/inch	>400
5	Bond strength 3	g/inch	>500
6	Seal strength side	N/inch	>60.00
7	Seal strength bottom	N/inch	>60.00
8	COF outside to outside		<0.40
9	COF inside to inside		<0.50
10	Water vapour transmission	g/m ² /day	<1.50
11	Oxygen permeability	cm ³ /m ² /day	<1.50
12	For 100g and 150g pouches	mm	150 L x 140 W
13	For 250 and 300g pouches	mm	215 L x 120 W
14	Sealing temperature	°Celsius	190 - 210

INGREDIENTS: Water, Sugar, Wheat flour, Milk powder (Full cream cow's milk, Soya, Lecithin), Reconstituted egg powder, Vegetable oil (Canola seed), Apricot Jam

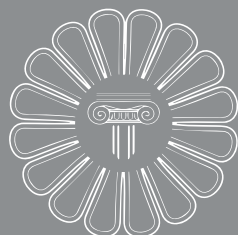
(Glucose, Apricot pulp, Pectin (E440), Acidity Regulator (Citric Acid), White spirit vinegar, Sodium bicarbonate, Vanilla essence (Water, Ethanol, Flavouring, Colourant), Modified maize starch, Salt. Allergens: Dairy, Eggs, Soya, Wheat & Gluten. This product has been made in a factory that uses sulphur dioxide.

PACKAGING



CONTACT

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MORFEAS ELLAS

since 1985

ISOTONIC SPORTS DRINK 25G

Flavours: Pineapple, Mango, Guava, Orange, Peach/Apricot and Tropical



NUTRITIONAL INFORMATION

Energy	KJ /100g	380
Protein (x6.25)	g/100g	0.0
Total Fat	g/100g	0.0
Carbohydrates	g/100g	23

DESCRIPTION /GENERAL INFORMATION:

The powder readily dissolves in 250ml of cold water and shall have a colour typical of the fruit corresponding to the flavour.

The moisture content does not exceed 2% at the time of packaging.

INGREDIENTS: Hydrolized corn starch, citric acid, sodium chloride, magnesium oxide, potassium, citrate, ascorbic acid, flavours, colours, artificial sweeteners, (sodium cyclamate, sodium saccharine)

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet.

The construction of the material used for the sachet is as follows:
Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethelene blend (25 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking.

Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE: Pouches are green in colour with a foil like appearance containing dry powder. They shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.

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MORFEAS ELLAS

since 1985

LACTOSE FREE NUTRITIONAL SHAKE 50G

Flavours: Peach, Strawberry, Vanilla, Banana



NUTRITIONAL INFORMATION

Energy	KJ /100g	2000
Protein (x6.25)	g/100g	20.0
Total Fat	g/100g	15% min
Total Saturated Fat	g/100g	<4.0
Total Transfat in Product	g/100g	0
Total Sugar Measured	g/100g	30g
Dietary Fibre	g/100g	6.5
Carbohydrates	g/100g	60% min

DESCRIPTION /GENERAL INFORMATION:

The powder readily dissolves in 250ml of cold water to form a smooth drink without lumps or particles and shall have a color typical of the corresponding flavour.

The moisture content does not exceed 6% at the time of packaging.

INGREDIENTS: Sucrose, corn syrup solids, vegetable fats, soy protein isolate, whey protein isolate, wheat fibre, fructo-oligo saccharides (prebiotic fibre) minerals, flavourants, vitamins and colourant.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet.

The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethylene blend (25 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking.

Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE: Pouches are green in colour with a foil like appearance containing dry powder. They shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.

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MORFEAS ELLAS

since 1985

INSTANT SOUP 18G

Flavours: country vegetable, chicken noodle and



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	54-80
Energy	KJ /100g	1350-1700
Protein (x6.25)	g/100g	2-8
Total Fat	g/100g	2-15

PROPERTIES

The powder readily dissolves in boiling water to form a smooth drink without lumps or particles and shall have a color typical of the corresponding flavour.

The product is free flowing powder interspersed with noodles and vegetable bits .

The moisture content does not exceed 4.75% at the time of packaging.

INGREDIENTS:

Salt, modified starch, soya, xanthan gum, hydrolyzed vegetable protein, MSG, freeze dried vegetables, flavoring caramel, yeast extracts

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet.

The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethylene blend (25 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking.

Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE:

Pouches are green in colour with a foil like appearance containing dry powder. They shall be free from defects such as pinholes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.

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**MORFEAS
ELLAS**
since 1985

INSTANT MAIZE / SORGHUM POR- RIDGE 80G

Maize porridge flavors: Banana, Strawberry, Vanilla
Sorghum porridge flavors: Banana, Original



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	58.5-65
Energy	KJ /100g	1600-2000
Total Fat	g/100g	9.8-15
Total Saturated Fat	g/100g	2.9-4
Total Monounsaturated Fat	g/100g	3.5-6
Total Polyunsaturated Fat	g/100g	3.4-5
Total Transfat in Product	g/100g	0
Protein (x6.25)	g/100g	18-25
Total Sugar Measured	g/100g	10-15
Dietary Fibre	g/100g	10-12

PROPERTIES

A precooked cereal suitable for reconstitution with hot or cold water or milk.

The product is free flowing powder and cream in colour.

INGREDIENTS:

Maize, sorghum, micronised soy, sucrose, vegetable oil, soy isolate, inulin, flavoring, sodium caseinate.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethelene blend (25 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE:

Pouches are green in colour with a foil like appearance containing dry powder. They shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.

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**MORFEAS
ELLAS**
since 1985

ENERGY BARS 45G

Chocolate Powder, Apricot Fruit, Chocolate Nut, Caribbean Raisin and Peach



NUTRITIONAL INFORMATION

Carbohydrates	g/100g	40
Energy	KJ /100g	1600
Total Fat	g/100g	11
Total Saturated Fat	g/100g	6.7
Total Monounsaturated Fat	g/100g	1.4
Total Polyunsaturated Fat	g/100g	0.55
Total Transfat in Product	g/100g	0
Protein (x6.25)	g/100g	10.5
Total Sugar Measured	g/100g	20
Dietary Fibre	g/100g	4

PROPERTIES

The energy bar is soft and chewy and approximately 100mm long x 30mm wide x 10mm thick.

INGREDIENTS:

Chocolate Nut:

Milk solids, maltose sykrup, chocolate coating, sucrose, peanuts, cocoa, vegetable fat, egg albumin, flavourants, Lecithin, Vitamins, Sorbitol, Minerals. No colourants or preservatives.

Chocolate:

Milk solids, maltose sykrup, sucrose, cocoa vegetable fat, egg albumin, flavourants, Lecithin, Vitamins, Sorbitol, Minerals. No colourants or preservatives.

Caribbean raisin:

Milk solids, maltose sykrup, sucrose, raisins, cocoa vegetable fat, egg albumin, flavourants, Lecithin, Vitamins, Sorbitol, Minerals. No colourants or preservatives.

PACKAGING AND MARKING:

Wrapped in laminated flexible wrapping with a side or centre back seam and a seam at each end. The construction of the material used : PET 12 micron, metallised BOPP 15 micron, inks and lamination. RNX Polyester 19g/sq m. Food grade ink 2g/sqm.

GENERAL APPEARANCE:

The product resembles that of a chocolate bar in shape and the colour will depend on the respective flavor of the bar.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

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**MORFEAS
ELLAS**

since 1985



MAIZE BARS 55G

Chocolate Caramel and Banana

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	60
Energy	KJ /100g	1580
Total Fat	g/100g	10
Total Saturated Fat	g/100g	4.7
Total Monounsaturated Fat	g/100g	3.09
Total Polyunsaturated Fat	g/100g	1.64
Total Transfat in Product	g/100g	0.04
Protein (x6.25)	g/100g	11.45
Total Sugar Measured	g/100g	26
Dietary Fibre	g/100g	1.09

PROPERTIES

The energy bar is soft and chewy and approximately 100mm long x 30mm wide x 10mm thick.

INGREDIENTS:

Maltose syrup, pre-cooked maize meal, coating (sugar, vegetable fat, whey powder, skim milk powder, stabiliser, lecithin, flavouring). Foaming agent, vitamins, calcium phosphate, magnesium carbonate, selenium amino acid chelate, zinc oxide, potassium iodate. No colourants or preservatives.

PACKAGING AND MARKING:

Wrapped in laminated flexible wrapping with a side or centre back seam and a seam at each end. The construction of the material used : PET 12 micron, metallised BOPP 15 micron, inks and lamination. RNX Polyester 19g/sq m. Food grade ink 2g/sqm. Food grade adhesive.

GENERAL APPEARANCE:

The product resembles that of a chocolate bar in shape and the colour will depend on the respective flavor of the bar.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

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INGREDIENTS:

Ground roasted peanuts

PROPERTIES

Ground roasted peanuts made into a smooth creamy paste and a uniform brown colour.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PEANUT BUTTER 25G

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	19
Energy	KJ /100g	2500
Total Fat	g/100g	50
Total Saturated Fat	g/100g	10
Protein (x6.25)	g/100g	25
Dietary Fibre	g/100g	6

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethelene blend (25 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE:

Pouches are green in colour with a foil like appearance containing dry powder. They shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.

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INGREDIENTS:

Maltose syrup, pre-cooked maize meal, coating (sugar, vegetable fat, whey powder, skim milk powder, stabiliser, lecithin, flavouring). Foaming agent, vitamins, calcium phosphate, magnesium carbonate, selenium amino acid chelate, zinc oxide, potassium iodate. No colourants or preservatives.

PROPERTIES

The energy bar is soft and chewy and approximately 100mm long x 30mm wide x 10mm thick.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

NUT BUTTER 41G

NUTRITIONAL INFORMATION

Carbohydrates	g/100g	19
Energy	KJ /100g	2566
Total Fat	g/100g	54
Total Saturated Fat	g/100g	16
Total Monounsaturated Fat	g/100g	24
Total Polyunsaturated Fat	g/100g	11
Total Transfat in Product	g/100g	
Protein (x6.25)	g/100g	20
Total Sugar Measured	g/100g	9
Dietary Fibre	g/100g	7

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethylene blend (25 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE:

Pouches are green in colour with a foil like appearance containing dry powder. They shall be free from defects such as pinholes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.



MORFEAS ELLAS

since 1985

WHOLEWHEAT BISCUITS 100G

NUTRITIONAL INFORMATION

Protein (x6.25)	g/100g	9
Total Fat	g/100g	8.8
Calories	g/100g	420



INGREDIENTS:

Wholewheat flour, gluten, wheat flour, unhydrogenated vegetable oil, butter(milk), golden syrup, whey powder (milk), salt, malt extra (barley gluten) yeast, sodium bicarbonate (soya) sodium acid pyrophosphate.

PROPERTIES

The energy bar is soft and chewy and approximately 100mm long x 30mm wide x 10mm thick.

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethelene blend (25 micron)

The material for the sealant layer complies with the FDA regulations afor food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

GENERAL APPEARANCE:

Pouches are green in colour with a foil like appearance. They shall be free from defects such as pin-holes, wrinkling or creasing of the seal area, foreign body contamination, or any other evidence of delaminating, blemishes, marks or any other irregularities.



MORFEAS ELLAS

since 1985

GOOD MORNING BREAKFAST BISCUITS 50G



NUTRITIONAL INFORMATION

Energy	KJ /100g	1920
Total Fat	g/100g	17.5
Total Saturated Fat	g/100g	9.6
Total Monounsaturated Fat	g/100g	5.9
Total Polyunsaturated Fat	g/100g	2
Total Transfat in Product	g/100g	0
Protein (x6.25)	g/100g	7.9
Dietary Fibre	g/100g	5.2
Carbohydrates	g/100g	67
Total Sugar Measured	g/100g	20.6

INGREDIENTS: Chocolate flavor: Wheat flour (gluten), sugar, unhydrogenated vegetable oil (palm fruit) oats (gluten), chocolate chips, malto dextrin, palm kernel, low fat cocoa powder, emulsifier, flavouring, salt, full cream milk powder, glucose syrup, wholewheat flour, colourant, sulphites, rye flour, barley flour, Raising agents, salt, emulsifier, Sunflower lecithin, rice flour, anti-caking agent.

PROPERTIES

Size of product (packaging) 140mm long x 50mm wide x 30mm high

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethylene blend (50 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

The packaging material is reverse printed.

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TROPICAL MUESLI



NUTRITIONAL INFORMATION

INGREDIENTS:

PROPERTIES

Size of product (packaging) 140mm long x 50mm wide x 30mm high

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethelene blend (50 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

The packaging material is reverse printed.



HONEY MUESLI



NUTRITIONAL INFORMATION

INGREDIENTS:

PROPERTIES

Size of product (packaging) 140mm long x 50mm wide x 30mm high

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

The product is packed in laminated foil sachet. The construction of the material used for the sachet is as follows:

Polyester (12 micron)

Aluminium foil (7 or 9 micron)

Low density Polyethelene blend (50 micron)

The composition of the adhesives and monomers used conform to the positive list of the American FDA regulations, the German BGA regulations, and the EEC Plastics Directive.

The material for the sealant layer complies with the FDA regulations for food contact applications. Accordingly, this material may be used in all food contact applications except holding food during cooking. Marking is according to the regulations for labelling (No. R 146).

The packaging material is reverse printed.



**MORFEAS
ELLAS**
since 1985

SUPER C'S - 3G

(singles) Flavours: Strawberry, Watermelon, Orange, Granadilla



NUTRITIONAL INFORMATION

Carbohydrates	per sweet	3
Protein (x6.25)	g/100g	0
Dietary Fibre	g/100g	0
Total Fat	g/100g	0
Total Saturated Fat	g/100g	0
Total Monounsaturated Fat	g/100g	0
Total Polyunsaturated Fat	g/100g	0
Total Transfat in Product	g/100g	0
Total Sugar Measured	g/100g	0
Energy	KJ /100g	1670

INGREDIENTS: Sugar, dextrose, glucose syrup, acid, vitamin c, flavouring, anti-caking agent, colourant

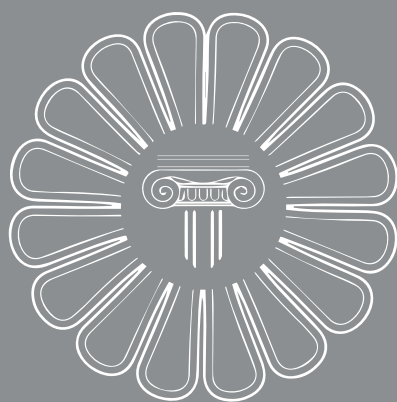
PROPERTIES

Size of product (packaging) Approx 50mm length x 30mm width x 5mm

- Manufacture approved
- FSSC 22000 accreditation
- NRCS approval for factory
- NRCS approval per batch
- Department of Health approved
- Halaal

PACKAGING AND MARKING:

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**MORFEAS
ELLAS**
since 1985

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PRODUCT SPECIFICATION MANUAL



**MORFEAS
ELLAS**
since 1985

