



**MORFEAS
ELLAS**

since 1985

Finest Philosophical Food





MORFEAS ELLAS is a dynamic company, handling the production, processing, standardisation and supply of Greek Extra Virgin Olive Oil & Organic Olives as well as other organic products.

The name MORFEAS comes from ancient Greek mythology and is synonymous with the initiation of the soul into philosophy.

Today we also want to initiate your soul but to the flavors and aromas of the ancient "philosophic" food !

We cultivate our own olive groves, using organic farming methods, producing Extra Virgin Olive Oil of singularly low acidity.

We also cooperate with other small local farmers exporting other kinds of traditional products as well.

Our ultimate goal is to spread worldwide the advantages of the Mediterranean diet, famous for its multiple benefits to the human organism.

Meet Our Award Winning Medicinal Olive Oil



Superior category olive oil obtained directly from olives and solely by mechanical means

>1500 mg/kg Polyphenols

The consumption of olive oil polyphenols contributes to the protection of blood lipids from oxidative stress. Approximately 20g (two tbsp.) should be consumed daily as part of a healthy balanced diet.

- EU Approved Health Claim

| QUALITY CHARACTERISTICS | | MAX. |
|--------------------------------------|--|-------|
| ACIDITY (%) | | 0.80 |
| PEROXIDE No. (meqO ₂ /kg) | | 20 |
| WAXES (mg/kg) | | 100 |
| K239 | | 0.22 |
| K232 | | 2.00 |
| OK | | 0.01 |
| POLYPHENOLS (mg/kg) | | >1500 |

| NUTRITION VALUES | | per 100ml |
|------------------|-------------------|-----------|
| ENERGY VALUE | 824 kcal / 3449kJ | |
| FAT | | 91.0g |
| OF WHICH | | |
| SATURATES | | 14.5g |
| MONOSATURATES | | 68.5g |
| POLYUNSATURATES | | 1.0g |
| CARBOHYDRATE | | |
| OF WHICH | | |
| SUGARS | | 0.0g |
| DIETARY FIBRE | | 0.0g |
| PROTEIN | | 0.0g |
| SALT | | 0.0g |

6 200040 240014

EL-40336
Best before

Produced in Greece | Morfeas Ellas
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Meet your own brand name on our best quality BIO or CLASSIC extra virgin olive oil.

We operate in state-of-the-art facilities for olive pressing, standardization and storage of olive oil, applying all the required quality assurance systems of ISO 22000, IFS, BRC & KOSHER.

We offer a wide range of virgin, extra virgin, organic and aromatic olive oils, in many different containers and sizes, both domestically and abroad.



| Nährwerte | pro 100 g |
|--|--------------------|
| Energie | 3389 kJ (824 kcal) |
| Fett | 100 g |
| davon gesättigte Fettsäuren | 16 g |
| davon einfach ungesättigte Fettsäuren | 75 g |
| davon mehrfach ungesättigte Fettsäuren | 9 g |
| Kohlenhydrate | 0 g |
| davon Zucker | 0 g |
| Eiweiß | 0 g |
| Ballaststoffe | 0 g |
| Salz | 0 g |

Zutaten:

100 % natives Olivenöl extra

Erste Güteklasse, direkt aus Koroneiki-Oliven, ausschließlich mit mechanischen Verfahren gewonnen. Aus kontrolliert biologischem Anbau.

Herkunft: Kreta, Griechenland
EL 40535



GR-BIO-1
Griechische Landwirtschaft

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Bio Olivenöl

kalt gepresst aus Kreta

Natives Olivenöl extra

aus kontrolliert
biologischem Anbau,
erste Güteklasse



e 500 ml

Das *Bio Olivenöl* aus der Koroneiki-Olive wird auf der Insel Kreta durch Kaltextraktion gewonnen.

Aufgrund der perfekten klimatischen Bedingungen reifen dort besonders gute Früchte an jahrhundertealten Olivenbäumen.

Nach alter Tradition wird noch immer von Hand gepflückt, um eine optimale Qualität zu garantieren. Da bei der Gewinnung 27 °C nicht überschritten werden, bleiben alle Inhaltsstoffe unverändert erhalten.

Ein Spitzenöl, das nicht nur das Herz der Rohkostfreunde höherschlagen lässt.

Das Öl ist für Vegetarier und Veganer geeignet.

Lagerung: Bitte kühl, trocken und lichtgeschützt lagern.

Ungeöffnet mindestens haltbar bis:



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We have been cultivating the fruit of the olive tree from generation to generation on the olive fields of Messolonghi and the surrounding lands.

Package type:
Vacuum



Package type:
Glass jar



Package type:
Glass jar olive paste



Mediterranean

Vegetable oils

Organic cold pressed from fresh seeds



Black cumin



Pumpkin



Almond oil



Walnut



Linseed oil



Hemp oil

Organic Dried figs from Evia island, are products with a long tradition, which we have the honour and joy to continue.



alalunga and blue fin tuna in extra virgin olive oil

Since 2007 we export a very unique and healthy product with exclusively and strictly **alalunga and blue fin tuna**, made with the traditional Greek Alonissos Island tuna recipe. Every product we make is full of nutrients and Omega 3 fats and **without any preservatives**.
Certified absence of heavy metals.

CERTIFIED HEAVY METALS-FREE
ALL FISHED IN THE SPORADES
ISLANDS - CLEAN WATERS & NOT IN THE ATLANTIC
IT IS A RARE FISH OF THE SPORADES ISLANDS
IT CONTAINS HIGHER NUTRIENTS AND $\Omega 3$
THAN OTHER SIMILAR ONES.
CONTAINS NO PRESERVATIVES AT ALL



Greek Arcadian Organic honey is in first place as the best quality around the world, and this because the rich Greek beekeeping flora allows the bees to create varieties of honey-rich ingredients. The plants are those found within a radius of 3-5 km from the colonies determining the type and properties of honey.



ALL our bee products
certified Organic



Certified in
accordance
with Reg
(EC) 834/2007



GR-BIO-01
GREECE
AGRICULTURE

Hellenic BIO Spirulina from Therma, Nigrita Without Iodine

The Greek Organic Spirulina produced is the best quality spirulina in the world, since it is produced in greenhouses and freshwater tanks. Greek Spirulina, a green and blue-colored algae (found in freshwater), is one of the healthiest superfoods. We should all be incorporating this into our diets every day. Spirulina has significant amounts of iron, vitamin B, calcium, omega-3 fats, potassium, and magnesium - all essential for keeping your body in fighting condition. Spirulina is also protein-rich, making up about 60 to 70 percent of its dry weight. It's also a significant source of vitamin E, zinc, and beta-carotene, making it a powerful antioxidant.



Monastic Carob syrup from Crete island The Healthy Sweetener instead of sugar !

It combines with sweet and sour flavors, while it harmonizes with almost all confectionery recipes (cake, ice cream, etc.), in your hot or cold drinks. Carobs have excellent nutritional value, as they are rich in calcium and protein.

It contains magnesium and many important minerals, as well as vitamins A, B, B2, B3, D, so carobs have many important health benefits.

- Good source of vitamin E
- High content of potassium and magnesium.
- Rich in Calcium, Iron, Phosphorus, Manganese, Barium, Copper, Nickel
- Gluten free • Caffeine free



Monastic Aloe Gel from Crete island

It is consumed on its own or in combination with carob honey to increase its beneficial properties.

It is excellent in quality due to its processing at a very low temperature so that all of its beneficial components are preserved.

It contains 100% gel without mixing water or other juices that may alter its effectiveness.



Discover the secret of Morfeas Ellas' flavor in savory and sweet healthy, sugar-free bites!



Healthy chocolate substitute

The carob as a fruit is rich in natural sugars, plant fibers (mainly galactomannans), calcium and B vitamins.

When roasted and ground, its taste is reminiscent of cocoa.



The natural substitute for chocolate and its healthiest form is sugar-free carob bar.



Black carob bar with higher content of carob powder.



Delicious and crispy breadsticks made from emmer wheat with carob and natural orange juice!



The traditional Cretan style breadstick, covered by sesame.



Olive breadstick bites

The epitome of the Mediterranean diet in one bite! Crunchy, delicious breadstick bites with olive oil.

If science had as its main goal, the restoration of the natural environmental, nutritional and spiritual rules, that govern physical life, as well as how to strengthen the human immune system, diseases would exist only in history books.

So we try to keep alive the authentic Mediterranean diet with its therapeutic and quality characteristics unchanged until the final consumer.

We want to make you happy through their consumption and enjoy the same quality of healthy food that our family consuming every day!



Emmanuel Morfeas



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